

First Aid Kit Contents Checklist (BS 8599-1 Compliant)

For routine inspections of workplace first aid kits.

1. Standard Workplace First Aid Kit Contents

A. Dressings & Bandages

- Sterile adhesive dressings (assorted sizes)
- Sterile eye pads
- Sterile wound dressings (medium)
- Sterile wound dressings (large)
- Triangular bandages
- Conforming bandages

Notes: _____

B. Wound Cleaning & Protection

- Sterile saline wipes
- Microporous tape
- Disposable gloves (nitrile)
- Finger dressings
- Burn dressings (if required by risk assessment)

Notes: _____

C. Tools & Accessories

- Scissors (tough-cut)
- Tweezers
- Safety pins
- Foil emergency blanket
- Resuscitation face shield
- Eye wash pods (if no plumbed station available)

Notes: _____



D. Additional High-Risk Items (If Applicable)

(For workshops, warehouses, kitchens, manufacturing)

- Burn gel or burn dressings
- Trauma dressings
- Haemostatic dressings
- Tourniquet (CAT/SOF-T style)
- Eye wash bottles (500ml)
- Instant cold packs

Notes: _____

2. Kit Condition & Compliance

Kit Condition

- Kit is clean, sealed, and undamaged
- All items in date
- No missing or partially used items
- Contents match the required kit size (Small/Medium/Large)
- Kit location clearly signed
- Kit easily accessible and not obstructed

Notes: _____

3. Documentation

Documentation

- First aid kit inspection label updated
- First aid needs assessment reviewed
- First aiders aware of kit location
- AED location (if applicable) clearly signed

Notes: _____



4. Inspection Summary

Summary
<ul style="list-style-type: none">• General Condition: <input type="checkbox"/> Fully Stocked <input type="checkbox"/> Partially Stocked <input type="checkbox"/> Requires Restock• Items to Replace: <hr/><hr/>• Additional Notes: <hr/><hr/>

5. Sign-Off

<ul style="list-style-type: none">• Inspector Name: _____• Signature: _____• Date: _____

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