

## Health & Safety Checklist for UK Businesses in 2026

### Health & Safety Checklist 2026

A practical compliance tool for employers, managers, and safety leads

#### 1. Health & Safety Policy

Written health & safety policy in place (required if 5+ employees)	
Statement of Intent signed by senior management	
Roles and responsibilities clearly defined	
Arrangements section updated for 2026	
Policy reviewed within the last 12 months	

#### 2. Risk Assessments

Up-to-date risk assessments for all significant hazards	
Control measures implemented and monitored	
Findings recorded and communicated to staff	
Assessments reviewed after changes, incidents, or annually	
Specific assessments completed (COSHH, DSE, manual handling, noise, etc.)	

#### 3. RAMS (Risk Assessments & Method Statements)

RAMS created for higher-risk tasks	
Task-specific hazards identified	
Method statements clear and practical	
RAMS communicated to staff and contractors	
Reviewed after any changes or incidents	

#### 4. Training & Competency

Induction training completed for all new starters	
Job-specific training provided (manual handling, PPE, equipment use)	
Supervisors trained in their H&S responsibilities	
Refresher training scheduled and recorded	
Competency assessed and documented	

#### 5. Fire Safety

Fire risk assessment completed and reviewed	
Fire alarms, extinguishers, and emergency lighting maintained	
Fire evacuation routes clear and signed	
Fire marshals appointed and trained	
Fire drills carried out and recorded	



## 6. Equipment & Premises Safety

Machinery and tools inspected regularly	
Electrical equipment PAT tested	
Fixed wiring inspection up to date	
LOLER inspections completed (if applicable)	
Pressure systems maintained (PSSR)	
Walkways clear and well-lit	
Welfare facilities clean and adequate	

## 7. Accident & Incident Reporting

Accident reporting procedure in place	
Near-miss reporting encouraged and recorded	
RIDDOR reporting understood and followed	
Investigations completed for all incidents	
Corrective actions implemented and monitored	

## 8. First Aid Provision

First-aid needs assessment completed	
Trained first aiders or appointed persons available	
First-aid kits stocked and checked	
First-aid information displayed	
Records kept of first-aid incidents	

## 9. Contractor Management

Contractors vetted for competence	
Site-specific inductions provided	
Relevant risk assessments shared	
Contractor activities monitored	
Post-work review completed	

## 10. Safety Culture & Communication

Staff encouraged to report hazards	
Safety meetings or briefings held regularly	
Clear communication channels for H&S concerns	
Positive reinforcement of safe behaviour	
Senior leadership visibly committed to safety	



## 11. Annual Review & Planning

All policies reviewed for 2026	
Training matrix updated	
Risk assessments refreshed	
Fire safety arrangements checked	
Compliance goals set for the year ahead	

### Prepared by:

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If you require tailored support, professional risk assessments or competent person services, please contact us at [simon@kissafetyservices.co.uk](mailto:simon@kissafetyservices.co.uk)

